

Alumni News

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WINTER 2014



Scholarship Luncheon

White Coat Ceremony

President's Corner



IT IS IMPORTANT TO TAKE TIME to celebrate accomplishments along life's journey, especially as progress is made toward achieving career goals. Think about your own special graduation or the first day you actually began caring for patients. In this issue, you will read about two important celebrations for our students. First, our inaugural White Coat Ceremony highlights the beginning of clinical rotations for students in the various Allied Health professions.

I don't know who had the biggest smiles about arriving at this point in their education—our students or their families who came to mark this special milestone.

The annual Scholarship Luncheon is another event that celebrates the academic accomplishments of our students and the generosity of our alumni and other donors. Many of you invest in the next generation of health care professionals by "paying it forward" and helping current students achieve their educational goals and begin careers of service. These students' stories are sources of inspiration, and I want to share a small sample of comments from their thank-you letters:

• "Thank you for your generosity. I will be the first in my family to attend college. My mother did not finish high school, and my father obtained his GED. This gives me reassurance that I am on the right path and I am meant to help others."

• "The reason I chose to be a nurse is personal and very close to my heart. I have a mother who is sick with stage 4 cancer. I don't know if she'll even get to see me become a nurse, but she is the reason I need to be one. Time and time again she will tell me how helpful and kind her nurses are and how they answer all her questions and give her reassurance."

• "I am so thankful to have the opportunity to work hard to gain the knowledge and experience, which will prepare me to serve the world

around me. I look forward to learning more about sonography and using it to work and serve in the place God is preparing for me."

• "I am a mother of three returning to school after 11 years. I am also proud to be the first in my family to enter college. The scholarship not only helps ease the financial burden, but it also provides a source of inspiration. For me, it inspires me to work harder and continue to succeed. Growing up in a poor community where people have little to no resources, I have always had a desire to help."

• "I have always believed in giving back, but your generosity has inspired me even more to help others and give back to the community. I hope one day I will be able to help students achieve their goals as you have helped me. You will not be disappointed in your investment in me."

I add my gratitude for all you do to help ensure our mission of educating health care professionals continues for future generations.

Warm regards,

Betty Sue McGarvey

BETTY SUE MCGARVEY, DSN, RN
- President

Alumni News

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Scholarship Luncheon

PRESIDENT BETTY SUE MCGARVEY welcomed more than 270 guests to the Scholarship Luncheon on October 14 at the First Baptist Church. This allows scholarship donors and recipients to learn more about each other and become a part of each other's lives. This year, the College awarded scholarships to 124 deserving students based on need and scholastic achievement (grade point average), as well as specific criteria for each named scholarship. Stephen Reynolds, president and CEO of Baptist Memorial Health Care, and Jenny Nevels, executive director of the Baptist Memorial Health Care Foundation, spoke at the luncheon and recognized donors for their support, prayers and commitment to education. Magan Dennison, a nursing student and recipient of the Beverly Jordan Scholarship, and Julia Santos, a sonography student and recipient of a Joseph H. Powell Scholarship, gave their testimonials and expressed their gratitude for their scholarships.

New scholarships awarded for 2013-14 included the Mindy Agustin Scholarship, Pauline Faulkner Nursing Scholarship, Mary Swann Fuchs Scholarship, Virginia Rose Scholarship, and Harry Smith Scholarship.



New College Provost

On August 5, 2013, **LOREDANA HAEGER**, B.S.N., M.S.N., Ph.D., began her tenure as provost/vice president, Academic and Student Affairs, at Baptist College of Health Sciences. Dr. Haeger holds a Bachelor of Science in occupational therapy and a Master of Science in rehabilitation sciences from McGill University, Montreal. After obtaining her doctorate (leadership for higher education) from Capella University, Dr. Haeger accepted the position of dean of the School of Health Sciences at Salt Lake Community College, Utah.

She served in that capacity for the last five years. During her tenure as dean, she was responsible for nine academic programs and eight programmatic accreditations, and she provided leadership to 85 full-time/part-time faculty and 19 staff members. Dr. Haeger has a proven administrative record of working collaboratively with employers to develop new programs to meet identified workforce needs.

Dr. Haeger's professional background includes 10 years of clinical experience in a variety of fields, including pulmonary rehabilitation, home health, work hardening and job site evaluations. Dr. Haeger also has worked in hospital and community settings, as well as in the private sector, as a consultant. She also has developed an occupational therapy department within a hospital setting.

Her academic administrative experiences

have consisted of the following: associate director, School of Physical and Occupational Therapy, McGill University; founding chair of the Occupational Therapy Department, Florida Gulf Coast University; and academic clinical coordinator, School of Physical and Occupational Therapy, McGill University.

Dr. Haeger's interest in international education has evolved from her personal and professional experiences while living, studying and teaching abroad in countries such as Italy, Canada, Zimbabwe and the United States. Her transnational teaching experiences and a growing interest in intercultural competence among higher education faculty members led her to research this topic in her doctoral dissertation titled "Intercultural Competence: An investigation of Strategies Employed by Transnational Faculty Members".



Dr. Haeger was instrumental in helping Salt Lake Community College host the first Fulbright Scholar-in-Residence. Dr. Baohua Wang, a faculty member from the Chinese Capital Medical University, Beijing, China, was in residence at SLCC for one semester during the spring of 2012. During that time, he shared his expertise in Traditional Chinese Medicine, particularly, acupuncture.

Super Women in Business

DR. BETTY SUE MCGARVEY was recently named a Memphis Business Journal Super Woman in Business. She is one of 25 women recognized for leadership in their field. Largely because of her efforts, the Baptist College of Health Sciences has grown and achieved great success in the medical community and among students. While Dr. McGarvey focuses on advancing the college and its business priorities, she never loses sight of the college's mission to provide higher education with a higher purpose. In fact, during the 2012-2013 academic school year, college faculty and staff provided more than 2,672 volunteer community service hours to 13,500 people through 57 programs. Never one to ask more of her staff than she's willing to do, Dr. McGarvey serves on numerous charity committees and boards and volunteers her time to help others in the community.



She leads by example and never misses an opportunity to build up her colleagues or students. Described as the ideal leader and supporter who you want on your team because she is better than average or good and achieves

remarkable results, she is respected by everyone she knows. Accomplishing what many think is superhuman, Dr. McGarvey is indeed a super woman for the Baptist College of Health Sciences and the community.



Opening Convocation

OPENING CONVOCATION is the first formal gathering of all students. During this event, the College president and faculty, in full regalia, welcome students to the College and a new trimester. Baptist College of Health Sciences held its opening convocation on campus on September 16, welcoming the class of 2017. The program began with the academic processional and an invocation by Karen Smith, director of Campus Ministries. Tonia Wright, a Health Care Management student, read from Romans 12: 1-8 where the apostle Paul describes how we may transform ourselves to live a life of love. Opening remarks were provided by both Dr.

Betty Sue McGarvey, president of the College, and Sarah Grace Yeatman, current nursing student and president of the student government association.

Dr. Loredana Haeger, provost, introduced academic deans who each recognized new faculty members added for the 2013-14 year. Dr. McGarvey spoke to the audience on the subject of professionalism and addressed true professionalism, graceful professionalism and consistent professionalism. Candice Grantham, nursing student, then led the audience in singing the Alma Mater. Cameron Crutchfield, nursing student, led the benediction.



AUGUST GRADUATES CELEBRATE WITH NURSING PINNING CEREMONY

The Nursing Pinning Ceremony was held on August 15 and recognized 42 new nursing graduates. This ceremony marks the rite of passage into the profession of nursing and serves as a reminder of nurses' historic promise to serve others. Additionally, graduates who served as student mentors and inductees in the Sigma Theta Tau International Honor Society of Nursing were recognized. Passionate S. Norman received the Sigma Theta Tau, Beta Theta, Chapter-at-Large Award for her leadership, academic excellence and academic integrity. Graduates presented Anne Plumb, C.N.E., R.N., D.N.Sc., dean of Nursing, with a check for the Diane Brown Memorial Scholarship Fund. The scholarship is in memory of Diane, a beloved nursing professor, who taught at the College. Students also honored Al Simpson, College services coordinator, for the support and encouragement he provided these students along their journey.

Allied Health White Coat Ceremony

THE DIVISION OF ALLIED HEALTH held its inaugural White Coat Ceremony for students entering the clinical phase of their programs on September 27. A White Coat Ceremony symbolically marks a student's transition from preclinical preparation to professional-level coursework and focuses on professional standards expected of those in patient care careers. Fifty-two students were cloaked with white coats by their respective faculty, representing

the six Allied Health programs at the Baptist College of Health Sciences. Christen Ganley, Radiation Therapy instructor, and Karen Smith, director of Campus Ministries planned and organized the event. Dr. Linda Reed, dean of Allied Health and Lauren Owens, senior respiratory care student, shared their thoughts on the importance of the professional values represented by wearing a white coat in clinical settings.



Around Campus



1. Campus Ministries coordinated with Student Services on the annual student retreat held at Camp Bear Track in Drasco, Ark., September 20–22. Three Bible studies were led and written by Karen Smith and focused on the theme Relationships. Student Services co-sponsored the retreat and led the field games and group-building activities. A total of 76 people attended the retreat with seven faculty and staff and 69 students, including a large population of first-time freshmen.



2-4. Welcome Week, September 9-13, consisted of a series of coordinated and intentional activities and programs to help acclimate students to the new academic year and Baptist College. An event was held each day and included an interest fair, a coffee house, SWAT day with outdoor activities, an evening concert and trolley night.

5. BCHS kickball team began this year competing in eight games. Nathan Nabors, current student, and Vice President for Health & Wellness is manager of the team.



Student Profile

ALICE AND HELEN HOANG | Class of 2014

ALICE AND HELEN HOANG are counting down to graduation. At last count, the twins had 197 days left before they finished their nursing program at the Baptist College of Health Sciences.

"I'm glad we've gotten to this point," said Alice.

"It's been hard; physically and emotionally draining," added Helen.

Baptist College nursing students maintain a rigorous schedule that includes studying while providing patient care. Initially, students take basic course-

work, which includes health assessment, basic nursing skills and medical-surgical classes.

Now Alice and Helen, as fourth year students, are working on their clinical rotations, which include two days of classes and two days of clinicals. A typical week consists of studying, taking exams, selecting and pre-assessing patients, and then taking care of those patients.

Despite such an exhausting schedule and the accompanying lack of sleep, the sisters have done well. Both have been on the dean's list, and both are happy with their decision to pursue nursing careers.

"It's worth it," said Alice. "I know it's going to be worth it."

In fact, Alice and Helen have known they wanted to be nurses for a long time.

"First we shadowed my sister," said Helen. "She works at Le Bonheur now, and we really liked it. And my mom was like 'it's a really good field to go into' and then after shadowing her a couple of times, we were like 'this is definitely what we want to do.'"

Their sister Halie graduated from Baptist College in 2008 and works in the newborn ICU. She has proven to be a helpful resource to her

sisters. If they have a question or need help, they call her.

While Halie contributed to Alice and Helen's decision to attend Baptist College, there were a number of other factors.

The instructors were important too.

"I love the instructors," said Helen. "They're so nice and helpful—very, very smart. I know all the instructors or the majority have a master's or Ph.D. degrees."

The sisters also wanted a smaller school with easy access to professors, a faith-based institution and a progressive curriculum.

They have all those things at Baptist College, along with another sibling. Their brother Hung also is a nursing student at Baptist College. Out of seven siblings, five are in health care—their brother Henry is a pharmacist at CVS—and four have attended Baptist College.

As Alice and Helen's days at Baptist College wind down, they are excited about their future in nursing. As with their decision to attend nursing school and BCHS, both are in agreement about their future plans.

"We ... want to work with babies," said Helen.



BAPTIST COLLEGE SCIENCE BUILDING RECEIVES A FACELIFT

The Baptist College of Health Sciences building at 22 N. Pauline has received significant renovations during the past year. These changes are part of many ongoing improvements for student learning. One example is the addition of a new major, Biomedical Sciences, which began in September with an enrollment of 27 students.

The renovations include the following: Cleaning and painting the outside of the building

New courtyard area

New API and APII laboratories

New chemistry laboratory

New microbiology laboratory and classroom

New respiratory laboratory and classroom

New medical laboratory and science laboratory

New patient care laboratory

New physics laboratory

New faculty workroom

New student study room

New handicap restrooms

Remodeling of eight old offices

Nine new faculty offices

Five new classrooms

New computer testing center with 44 computers (in progress)

Another Record-breaking Enrollment

THE BAPTIST COLLEGE ENROLLMENT has increased by six percent over fall 2012. The current enrollment of 1,101 students includes an increase in the freshmen population. Approximately 38 percent of our new fall students are first-time freshmen. The Baptist College also offered a new program in Biomedical Sciences this fall, with an enrollment of 27 students. The program is designed to prepare students for admission to graduate and professional schools and/or careers in the health sciences field.

DIVISION	FALL 2013 STUDENTS
Allied Health	199
Nursing	811
General and Health Sciences	53
Completion	38
	TOTAL 1,101

Note: General and Health Sciences include biomedical students and students in the Health Care Management Pinnacle program. Completion programs comprise registered nurse/nursing science bachelor's and registered radiation therapy.

Student Profile

ANDREW DEDMON | Class of 2017

IT APPEARS THAT ANDREW (DREW) DEDMON is going into the family business—nursing. His mom (Diana Dedmon, class of 1992), grandmother (Carolyn Drumwright, class of 1963) and uncle (Jim Drumwright Jr., class of 1994) all attended nursing school at Baptist. In fact, when Drew's grandmother attended, it was simply the Baptist Memorial School of Nursing. While the now Baptist College of Health Sciences offers more than nursing degrees, Drew will be pursuing a bachelor's in nursing with plans to attend graduate school.

"As of right now, I think that I would like to do a graduate program for a nurse anesthetist," said Drew. "At the end of this month ... the nurse anesthetist league of Memphis—they're putting a presentation together, and I'm going to go and talk to them to see if ... I'll like it as much as I think I will."

His career path may look a little different than that of his other family members. Drew's uncle works on what Drew calls the business side of nursing for a company that makes pacemakers. Jim is administrator and chief operating officer for the Heart Center at Centennial Medical Center in Nashville, Tenn., and was previously the chief nursing officer for Baptist Memorial Hospital-Collierville. Drew's mother is a nurse practitioner, and his grandmother, who is retired, has held a variety of positions during her nursing career.

Carolyn worked at Baptist Memorial Hospital on the chest floor and in the ICU, at Lauderdale County Community Hospital, in public health, at a school where she started her county's health occupations program, and at a long-term care facility as the director of nursing for 14 years. She attended nurse practitioner school at the University of Tennessee in 1996,

then went to work for the Veterans Affairs Hospital and retired 14 years later in 2010.

"It's been a wonderful career for me—an absolutely wonderful career," said Carolyn. "As a younger nurse I made more money than most men did ... my salary has always been very good. And I just enjoyed working ... and I worked at a time when it wasn't acceptable for a mother to work ... It wasn't always out of financial need that I worked because that wasn't necessarily it. It was because I was happy, the children were happy and that's what I liked doing."

Carolyn's enjoyment of her work was evident and influenced at least two generations of her family. Her children and her husband's cousin became nurses in part or wholly because of her example. Nevertheless, Carolyn was surprised by Drew's decision to pursue a nursing career.

"I didn't try to influence Drew at all," said Carolyn. "In fact, I was utterly shocked. Drew is so technology oriented ... he may not have told anyone but he's had his own little business of repairing computers and cell phones and sells them on eBay and that sort of thing. He's had his own business doing that for quite a few years. So we were kind of shocked that he



decided to do this."

While Drew is completely satisfied with his decision to attend Baptist College, it was not originally part of his long-term plan.

"Actually, it was a last minute decision," said Drew. "While I was in school, my big thing was choir. I had planned to go to the University of Memphis to try to get a choir scholarship with a degree in computer engineering. While I enjoyed that kind of thing—I realized I was going to enjoy medical, helping people a lot more. I was going to get a lot more out of it as well. I'm glad I chose that and looking back, I wish I had geared my classes toward the health profession. But that's OK, I'm learning now."

Drew also learned from his family's past experiences with Baptist. Their experiences contributed to his decision.

"All the alumni in my family—through the school and through the hospital—that definitely was a contribution because they've always enjoyed what they did," said Drew. "No matter if they were at Baptist or wherever else, I know they all enjoyed the school and I have some who retired from Baptist. They loved it."

Drew is enjoying Baptist College too, and he feels he made the right decision to attend many of his family members' alma mater while working toward a career in nursing.

"It just seems it was almost like a meant-to-be thing," said Drew.

Faculty and Staff Accomplishments

CHRISTOPHER CHURCH, Ph.D., professor of philosophy and religion, spoke on "A Brief History of Normative Ethics" at the Memphis Veterans Affairs Medical Center on September 26. The lecture was designed to assist the VA's institutional ethics committee in addressing the American Society of Bioethics and Humanities' core competency related to basic knowledge of moral reasoning and ethical theory.

As a member of the Board of Directors for the Health Professions Network, KATHY HUNT, chair and assistant professor of Nuclear Medicine Technology, attended the fall HPN board meeting and educational event in Tucson, Ariz., September 18-20. HPN is a collaborative group representing the leading Allied Health professions in the United States. The board developed a strategic plan to present to the membership addressing how HPN will advocate for Allied Health professions as health care reform unfolds. The educational event focused on the health care workforce of the future. The keynote speaker was Marcia Brand, deputy administrator, U.S. Health Resources and Services Administration.

Baptist College of Health Sciences recently received notification from the state regulatory boards of Tennessee and Mississippi that a proposed curriculum, developed by VICTOR WHITE, program chair of the Medical Radiography program has been approved. The curriculum meets requirements for obtaining credentialing for limited X-ray machine operators in those states. Limited X-ray machine operators perform a restricted scope of imaging, commonly for extremities and chests, in medical clinics. Baptist Memorial Health Care identified a need for a quality training program to prepare nurses in minor medical clinics to obtain limited X-ray machine operators credentialing.



DEBBIE SWEENEY, D.N.Sc., is the recipient of the 2013 John W. Runyan Community Nursing award. The award is named in honor of Dr. John W. Runyan Jr., distinguished professor emeritus in the University of Tennessee Health Science Center's Department of Preventive Medicine. This award recognizes a practicing nurse who has made significant contributions to the development and promotion of community health nursing. The award was presented to Debbie during the Tennessee Nurses Association Convention Awards luncheon on Friday, October 18. This is a well-deserved award that recognizes Debbie for all of the community work that she has been involved in during the years. Dr. Sweeney began teaching at the College in 1998, and she is the recipient of the 2004 Distinguished Faculty Award.

DARIUS WILSON, chair and professor of Medical Laboratory Science, completed and submitted a paper review of the medical laboratory science program at Brigham Young University on September 4 for the National Accrediting Agency for Clinical Laboratory Science.



BAPTIST MEMORIAL HOSPITAL-BOONEVILLE RECENTLY NAMED TERESA DAWSON CHIEF NURSING OFFICER

Teresa worked in cardiovascular services at Baptist Memorial Hospital-Memphis from 2000 to 2013 and coordinated cardiovascular services at Baptist Booneville from 1991 to 1995. Teresa served as heart registry manager for Baptist Memorial Hospital-Memphis from 2000 to 2002 and helped develop the plan for the Baptist Heart Institute, which opened in September 2001. She was promoted to director of the Baptist Heart Institute in 2002, a position she held until accepting the CNO position at Baptist Booneville. From 2005 to 2012, she also served as cardiovascular nursing services director, cardiovascular service line administrator and interim surgical service line director. In December 2012, she was named executive director of transplant services.

She is a 2001 graduate of the Baptist College of Health Sciences (RN-BSN) and is currently a member of the Baptist College Alumni Board of Directors.



Race for the Cure

Baptist College colleagues (1) Shirley Morquecho and (2) Brenda McMillen participate in Race for the Cure.

Alumni Profile

BRANDY ROGERS-DEWEESE | Class of 2007



SINCE GRADUATING FROM BAPTIST College of Health Sciences in August 2007, Brandy Rogers-DeWeese has been busy. While working as a nurse, she earned a doctor of nursing practice from the University of Tennessee Health Science Center and took care of her family.

“One of my strengths is holding on in choppy waters,” said DeWeese. “Both of my children were born while I was an undergraduate nursing student. And

my husband traveled for work. I had to become very economical with my time. There is an old adage: ‘How do you eat an elephant? A little at a time.’ I approached my nursing education this way and was successful.”

DeWeese credits her success as a nurse to her education and training while at Baptist College.

“My Baptist College experience instilled me with a spirit of inquiry,” said DeWeese. “It was infused in my doctoral studies and I use it in my daily practice, linking pathophysiology and physical diagnostic findings while taking care of my patients.”

After graduating from Baptist College, DeWeese spent five-and-a-half years as a registered nurse on the medical-surgical floor at Baptist Memorial Hospital-Memphis. She was quickly promoted to charge nurse.

“I was a charge nurse on my floor for four-and-a half years and probably enjoyed that the best because I enjoyed the problem-solving,” said DeWeese. “At the end of each shift I felt like I had a huge, positive impact on the quality of patient care. And my colleagues appreciated my help, which is one of the biggest compliments a nurse can receive.”

DeWeese has continued to affect patient care and encourage her colleagues through her doctoral efforts. She was a member of the first class of UTHSC’s DNP program. Her final project was a webinar series for Tennessee nurses that addresses the Institute of Medicine’s eight recommendations for nursing, how to advocate for nursing issues and the need for autonomous practice for nurse practitioners in Tennessee. DeWeese is working with the Tennessee Action Coalition to launch the webinar series.

As a result of her efforts and her accomplishments in the program, DeWeese was honored with the UT Alumni Award at graduation.

“It’s a high honor and really icing on the cake for me,” said DeWeese.

Now that DeWeese has her doctorate, her life will not slow down any. In fact, she and her family just moved across the country to Spokane, Wash., where DeWeese will work as a post-acute hospitalist.

“I will have a crucial role in reducing hospital readmissions, which is a passion of mine,” said DeWeese.

While DeWeese’s career will continue to evolve, possibly into the education arena, she always will be a nurse.

“Nursing is my calling,” said DeWeese. “As a nurse, I am interjected into the most critical times in the lives of my patients and it is an honor to be there. I have held a just delivered newborn and I have sat with a patient taking their last breath. These are highly emotional times. Nursing has also allowed me to be a professional as well as a wife and mother.”

2014 Nominations are Being Sought for Alumni Awards

THE BAPTIST COLLEGE of Health Sciences is pleased to announce that nominations are now being accepted for the 2014 Distinguished Alumni Award. The award will be given on June 7, 2014, during the alumni reunion luncheon. The award recognizes and honors alumni for distinguished personal and career achievements and for exemplary contributions to society that bring credit to the Baptist College of Health Sciences. One award is presented each year.

Also, you can send an email to alumni@bchs.edu or fax to 901-572-2599.

ALUMNI SERVICE AWARD

The purpose of the Alumni Service Award is to acknowledge significant contributions of time and energy on behalf of the College and the Alumni Board/Association. Award selections will be made by a subcommittee of the Alumni Board of Directors.

Criteria includes:

1. Significant contributions – Recipients have shown dedication to their alma mater over time by volunteering their time to assist in whatever way they feel they can best serve. We want to acknowledge “significant” meaning above and beyond the norm. Their dedication has been an inspiration to others.
2. The recipient may be a graduate of the Baptist School of Nursing, any of the Baptist schools and/or the Baptist College of Health Sciences.
3. Candidates must perform community service in addition to service at the College
4. Candidates must possess the highest standards of integrity and character that have positively impacted the College.

Selection process:

1. Recommendations for the Outstanding Alumni Service award are received by the Alumni Office and made available to the awards committee. The recommendations may be made by alumni, faculty, staff and students of the College.
2. A letter must be submitted indicating the significance of the service rendered to the College by the nominee, along with a detailed list of accomplishments.

YOUNG ALUMNI AWARD

The Young Alumni Service Award recognizes a recent graduate (fewer than 10 years) whose early volunteer service for BCHS sets an example for their peers, helps to keep other young alumni involved and shows promise for continued service and leadership in the future. Qualified candidates will also have made significant strides in their chosen profession.

Nominations can be made by alumni, faculty and staff. The nomination is in the form of a written letter to the BCHS Alumni Office. Nomination forms are given to the alumni office and forwarded to the awards committee as is the Alumni Service Award.

The award is granted on an annual basis and announced at the June alumni reunion.

Annual Scholarship Luncheon

JENNY NEVELS | Executive Director

DURING THE HOLIDAYS, we think of those who have touched our lives over the last year. At no time on the Baptist College calendar is gratitude more apparent than at the annual Scholarship Luncheon. At the luncheon we recognize not only our student scholars, but our donors who give so generously providing our students the opportunity to realize their dreams of becoming health care professionals.

In my brief remarks at the luncheon, I quoted G.B. Stern who said “Silent gratitude isn’t much use to anyone”, so we take this opportunity to extend our heartfelt thanks to each of you for your support in 2013.

Although we have accomplished much in 2013, the challenges facing the Baptist College in 2014 are great. Over 95% of our students receive some type of financial aid, and the cost

of providing a top quality education continues to rise. As the College is challenged, we invite you to challenge yourselves and consider a leadership commitment of \$1,000 in 2014. Annual giving is the “bread and butter” for any academic institution and the College is no different. You may make a pledge commitment over time if needed, but rest assured that any commitment you choose to make will be very



much appreciated by our students, the faculty and staff of the Baptist College. We wish you a happy, healthy and prosperous New Year. For information on making a gift, you may contact the Baptist Memorial Health Care Foundation at 901-227-7123 or 1-800-895-4483.

DISTINGUISHED ALUMNI AWARD 2014

Please address nominations to: Bamby Counce, director of marketing and alumni services, Baptist College of Health Sciences, 1003 Monroe Ave., Memphis, TN 38104. Deadline for submission is May 17, 2013.

Nominated by: _____

Address: _____

Phone number(s): _____

please turn page to complete form

I nominate: _____ Field: _____ Class of: _____

Address _____

Phone number(s) _____

Reason for nominating the alumnus _____

Information regarding professional career _____

Information on other honors/awards _____

Note: Attach a current resume or biography to this form. You may need to contact the nominee for this information.

Alumni Profile

JANET RUDD | Class of 1978, 2004

JANET RUDD GRADUATED from the Baptist College of Health Sciences twice. The first time was in 1978 with a nursing diploma from the Baptist School of Nursing; the second time was in 2004 with a Bachelor of Science from Baptist College.

Rudd's educational experience the second time was completely different from the first experience.

"That was difficult," said Rudd. "I enjoyed it, especially some courses, but it was difficult because I hadn't been in school in so long and I was slower A lot of the other students were young people who had just gotten out of high school so they were more familiar with the computer, and I was surprised at how much slower my brain worked compared to theirs as far as just absorbing things."

However, in time, Rudd adjusted and did quite well.

"It was a big challenge, but I was just determined and worked hard," said Rudd. "And I think I did well. I got through it. I enjoyed it in the long run."

Rudd's efforts were well worth it. And her

enhanced education helped her do her job better.

"I feel, of course, totally comfortable using the computer now with ... my job," said Rudd. "I really enjoy, love pathophysiology and pharmacology. Those things helped me with my regular, everyday job."

Rudd's everyday job is in the recovery room on the medical-surgical floor at the Regional Medical Center at Memphis. She's worked at The Med since 1989 in various departments, but she's been in recovery since 2000.

"I like working at the bedside with patients," said Rudd. "I think I'm good at assessing, which is important when a patient is waking up from anesthesia or surgery. You have to have good assessment skills. If there is anything wrong,

you have to pick it up quickly."

When Rudd first started at The Med, she worked in the float pool. As part of the float pool, she worked wherever she was needed. She also spent seven years in interventional radiology.

"My jobs ... have always been based on the hours that I could get for my family," said Rudd. "Because as I married and had children ... I wanted to change my hours to fit their needs. In other words, that's when I went from ICU to Home Health, and then I got this great day job at William F. Bowld Hospital."

Rudd spent seven years at that hospital. But she soon had to leave and go to The Med for scheduling reasons.

"One good thing about nursing is there are so many different types of jobs with different schedules," said Rudd. "I'm so glad that I picked a career in nursing for that reason."

While Rudd appreciates the opportunity to work flexible schedules, providing excellent care to her patients also is very important.

"When the patient just volunteers 'you took good care of me, and I gave you a 10 out of 10' ... that's, of course, gratifying," said Rudd. "The main thing is doing my job well and knowing that I took good care of the patient, and they were safe and they got what they needed when they needed it. That makes me very happy."

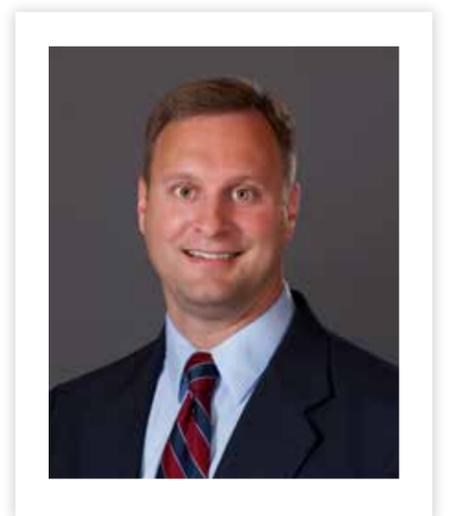
Thompson and Associates—Planning for the Future of Your Families

THE BAPTIST MEMORIAL HEALTH CARE FOUNDATION is pleased to partner with estate planning firm, Thompson and Associates to provide complimentary estate planning services to our Baptist College alumni. Jeremy Pharr, JD, is our representative, and he is on-site at the Baptist Memorial Health Care Foundation monthly. Thompson and Associates is dedicated to helping our friends and supporters by providing

estate planning advice with no agenda other than to help you achieve your estate planning objectives.

The program is designed to work hand in hand with your professional advisors as a complement to their services or as a second opinion. Even if you have recently updated or completed your estate plan, this is a wonderful opportunity to have an additional review. Their goal is to make recommendations on how you

can best protect and distribute your family assets while remembering your favorite charities. All information will remain confidential unless you choose to share it. They will not attempt to sell you any products and they do not give investment advice. We hope that you will take advantage of this unique service. For more information or to schedule an appointment, please contact Jenny Nevels, executive director at 901-227-7141 or 1-800-895-4483.



Class Notes

NURSING

CLASS OF 1992

Cathy Stepter has been promoted to associate professor of nursing at the Baptist College of Health Sciences. Cathy began teaching at the College as an assistant professor in 2004. Prior to that, she was the nursing lab coordinator from 1999 to 2001. She received her doctorate of nursing in May 2012 from Georgia Southern University.

CLASS OF 1994

Amanda Riley received her Master of Science degree in Nursing Informatics at University of Memphis on December 14. Amanda works at Baptist College as the Lab Supervisor for Nursing.

CLASS OF 2000

Judy Labonte completed a doctorate in nursing science from University of Arkansas for Medical Sciences. Judy is an associate professor of nursing at the Baptist College.

CLASS OF 2003

Lorren Mattingly Well is working as a nurse manager for the Department of Veterans Affairs in Memphis, Tenn. Lorren received her master's of nursing from the University of Memphis in May 2012.

CLASS OF 2005

Jessica Hunt married Jay Ledwa and is working as a registered nurse at Vanderbilt University Medical Center. They live in Spring Hill, Tenn.

CLASS OF 2008

Bridget Sample Blizzard is a head nurse at Baptist Desoto on 9 Tower, which is the Nurses Improving Care for Healthsystem Elders unit. Bridget married Michael Blizzard in September 2012, and they are expecting their first child in April 2014.

Sarah Yancey Dixon works as a registered nurse at Baptist Memphis in the ICU. Sarah's husband, Trent, is a certified public accountant in Memphis.

Kathryn Flannigan received a master's in nursing education from the University of Southern Indiana in July 2013. She is working as an assistant professor of nursing at Arkansas State University and as a PRN at NEA Baptist Memorial Hospital in Jonesboro, Ark. She is very excited to be expecting twins in January.

Donna Cole Shaffer is a registered nurse at Baptist Trinity Hospice. She lives in Holly Springs, Miss., where her grandsons enjoy riding and showing their ponies.

CLASS OF 2009

Holly Williams Callonas is married to **Michael Callonas** (1). Holly is working as a registered nurse in the ICU at Baptist Desoto and Michael is a registered nurse at St. Francis in the cardiovascular ICU. Michael joined the Baptist College this fall to teach Adult Health II.

Angie Crow is head nurse of Women's services at Baptist DeSoto. Angie received her master's of nursing from the University of Memphis in May 2013.

CLASS OF 2010

Hollyn Zammit has moved back to Cincinnati and is working as a registered nurse at Cincinnati Children's Hospital Medical Center (CCHMC) in the Bone Marrow Transplant unit. She is also a full time Family Practice Student at the University of Cincinnati and has an internship at CCHMC on Leadership Education in Neurodevelopment & Related Disabilities (LEND) which is funded by the Federal Government.

Phyllis Lowe is a commissioned naval officer and works at the Navy Medical Center in San Diego, Calif. She currently works as a registered nurse in the new-born ICU. She has been with the Navy for two-and-a-half years and will leave for Japan in April 2014.

CLASS OF 2011

Natalie Dylan Lovelace is now living in Atlanta and works as a registered nurse at Northside Hospital. Her specialty is gynecology and medical oncology.

Ashley Wheeler Pullen recently began working as a registered nurse at Le Bonheur Children's Hospital in the trauma ICU while continuing to work PRN at The Med in the trauma ICU. Ashley has completed the certified trauma nurse course.

Charlotte Webb White (2) works as a registered nurse at the Baptist Ambulatory Center. She and her husband, Devon, live in Memphis where he is a certified medicine assistant at the University of Tennessee Medical Group.

CLASS OF 2012

Connie Rieben Simpson is now working as a registered nurse for Dr. Karl Sillay at Semmes-Murphy Clinic in Memphis, Tenn. Dr. Sillay is a neurosurgeon specializing in deep brain stimulation.

Kathryn Hanners Conley (3) married Derek Conley on Saturday, October 12 in Destin, Fla. Kathryn is a registered nurse working in the cardiovascular ICU at Baptist Memphis.

Lauren Whitmore works as a registered nurse at Methodist Le Bonheur Healthcare in neuro ICU. She received her Advanced Cardiovascular Life Support certification and is orienting new nurses to the unit. She also has obtained a California nursing license with plans to travel there next year.

ALLIED HEALTH

CLASS OF 2004

Connie Dixon Willis, (4) diagnostic medical sonography, has been promoted to program chair for the Diagnostic Medical Sonography program at Baptist College. Previously, Connie was a Diagnostic Medical Sonography instructor for the College.

Rebekah May, nuclear medicine, represented her company, Mirada Medical, at the Society of Nuclear Medicine and Molecular Imaging Annual Meeting in Vancouver, British Columbia, Canada, June 8-12, 2013. Rebekah is employed by Mirada Medical as a product specialist. Mirada Medical is based in Oxford, England, and originated from Oxford University. The company specializes in oncology imaging workflows and fusion applications, such as positron emission tomography/computed tomography and PET/MR. Rebekah's responsibilities include on-site software installations and training, field support and product demonstrations. She currently lives in Columbia, Md., but will possibly move to Denver, Co., where Mirada's U.S. office is located.

CLASS OF 2005

Roselyn Delaney Magitt, nuclear medicine, received a master's of nursing from the University of Memphis on August 11, 2013.

CLASS OF 2006

Emily Quay Hill, diagnostic medical sonography, works as a sonographer at River Ranch Radiology in Charlotte, N.C. She is married to Heath Hill.

CLASS OF 2007

Abigail Kurtz, (5) diagnostic medical sonography, has joined the Baptist College as instructor of DMS.

CLASS OF 2012

Justin Cole, nuclear medicine, was recently accepted to the first medical assistant program offered at UTHSC. He will begin in January 2014. Justin is married to Hannah (Zarshenas) Cole, nursing class of 2011.



IN MEMORIAM

Mary Alice Arrington Grafton, class of 1948, passed away on October 2, 2013.

Rose Marie Lau Moser, class of 1955, passed away on September 10, 2013.

Jane Sugg Alston, class of 1959, passed away on September 23, 2013.

Jackie Isbell Johnston, class of 1964, passed away on August 23, 2013.



Want to be in the next issue of Alumni News?

Send us your photos for Class Notes or find us on Facebook by searching **Baptist College of Health Sciences Alumni** and send us a message.

The class of 1963 now has a Facebook page. Please send an email to carolyn.drumwright@hotmail.com to access the page.

Baptist Babies

New addition to the family? We would like to send you a onesie to say "Congratulations." If you would like to order one, please send an email to alumni@bchs with the color (pink or blue) and size (3 months or 6 months) you need. You also can send a Facebook message or call 901-572-2492.

